

St. Mary of the Visitation Parish, Killybegs

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Masses and Services: Live streaming www.mcnmedia.tv (link on website)



The Grief of Love

*Before this line of shore was touched by tide
 Or ever let the force of moon inside,
 Or this risen land abandoned in the air
 With its cargo of grief undreamed and bare,*

*Before sun trembled on the skin of clay
 Or coaxed trees from dark up to the day,
 Or twilight ever closed the blue of sky
 To open night to colour's quiet cry,*

*Before the first bird soared over this moor
 Or sensed insects stir on amber ground
 Or silence so longed for the echo of sound
 That it lured from the sea the strangers here,*

*Before hand unravelled rocks from the hill,
 Or set stone upon stone to stall the wind
 Or smoke raised the black breath of earth to air
 The secrets the bog held for fire to tell,*

*In the cry of a well that slips from dark
 The earth began to dream you; how it would
 Polish from precious stones dust for a face,
 From tears of sycamores tone for your eyes.*

*Between us the lost years insist on dreams
 That stir like crows among invisible ruins
 Disturbed by relics of laughter left in rooms
 Long after weather broke in where we had been.*

John O' Donohue, Anam Chara



Today by Hugh Lavery

One of the words most commonly used by Our Lord is the simple, lovely word 'Today'. Tomorrow, yesterday do not concern him. And he does not want them to concern us. He does not want us to worry about them. Today's quota of trouble is enough.

But I am sure you know people - or perhaps you are one yourself - who seem to have one foot perched on yesterday, and the other on tomorrow. Their balance is precarious, naturally.

And they are usually gloomy people, or, at least, harassed, tremendous worriers. They can't get much done, their nervous energy is so dissipated, a lot of it on yesterday, the rest of it on tomorrow.

But one man who did an awful lot in his lifetime said 'Now is the acceptable time'.

The time to be seized, to be made use of, to be enjoyed is now.

This may seem obvious and easy.

Obvious, possibly; but by no means easy.

Not to worry about tomorrow means trusting someone who will.

And Christ was most insistent that God would look after tomorrow.

You may remember how he drove it home, so simply and so memorably to those humble peasant and fisher folk, many of whom lived at a bare level of subsistence.

He looked at the sky and told them how well God cared for the birds. And, he added, God loves you more.

Worry, in other words, is basically a lack of trust; no more. And no less.

It is not virtue to worry. Quite the opposite, it is virtue to trust.

Shakespeare called the night 'the death of each day's life'.

Each day is a kind of life, a pocket edition of life, with a beginning, a middle and an end.

There is a wonderful freshness about the new day. It has life, challenge, opportunity.

Perhaps opportunity is its finest ingredient.

You may say, 'but my life is so dull'. Every day is the same yesterday, today, tomorrow. Forget about yesterday, forget about tomorrow. They just don't exist. Just take today.

(continued opposite..)

- ◆ **Sunday 30th July 2023:** *Seventeenth Sunday in Ordinary Time* *Year A*
- ◆ **Weekday Readings:** *Seventeenth Week in Ordinary Time* *Weekday 1*

Masses will be relayed on the webcam: go to killybegsparish.com for a link to Online Services

Friday	28th July:	07.00pm - Graveyard Mass
Saturday	29th July:	07.00pm - Charlie (15th) & Margaret (25th) Murrin (Anniversaries)
Sunday	30th July:	09.00am - Annie Murphy (5th Anniversary) 11.00am - Eamonn Curran (Anniversary)
Monday	31st July:	10.00am - James Hegarty & Frank Laffey (Anniversaries)
Tuesday	1st August:	10.00am - Jenny Smith (4th Anniversary) & Michael Smith R.I.P.
Thursday	3rd August:	10.00am - Susan Byrne (33rd Anniversary)
Friday	4th August:	10.00am - Brigid Keeney (Anniversary)
Saturday	5th August:	07.00pm - Blessing of the Fleet Mass
Sunday	6th August:	09.00am - Paucic Conneely (Anniversary) 11.00am - Special Intentions

Adoration of the Blessed Sacrament will be on **Monday 11am - 7pm;**

Pray for: Paddy Joe Gillespie, whose funeral was in Ballina, Co Mayo, on Friday (sister of Clare Gillespie, Five Points); Seamus Hegarty, whose funeral takes place in Kilcar on Sunday (father of Dermot Hegarty, Clara House). Pray for: Neil Hegarty. *Suaimeheas Síoraí.*

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Now is the acceptable time. Now is the day of salvation,. The day of salvation, the day of opportunity to go back or forward, to improve or degenerate, to live gloriously or slowly die.

God will forgive yesterday. He will look after tomorrow. Some day will not be ours.

But today is ours, a rich, golden opportunity which it would be folly to while away in waste and worry.

Let today be a day of salvation.

Light the Fire of Faith

Archbishop Eamon Martin is to celebrate Mass on World Youth Day Sunday 6th August at Slane, Co. Meath, in a *Light the Fire of Faith* service featuring Sr Briega McKenna and Eurovision's Dana. For info contact hillofslaneaugust6@gmail.com To book a seat on bus leaving from Letterkenny text Margaret 0834052841 / Mary T 0876707002.

Mary's Meals Calling all painters and artists: Mary's Meals are having a sale of original works by local artists in late autumn. So we invite all artists to paint a picture of anything and donate it to Mary's Meals so that we can feed more children and allow them to receive the education that will break the cycle of poverty. The painting can be any size, framed or unframed, and painted through any materials. Mary's Meals are presently feeding 2,429,182. For more info tel: Fr Eamonn Kelly 0879077985.

Sunday Collection 23rd July	€ 1,135.00
Restoration Fund 23rd July	€ 1,015.00

Thank you for your continued generosity.

Parish Choir Practice Monday 7.15pm

80s Themed Disco
 Get your 80s gear out at 9.30pm in the Foresters Community Hall on Friday 28th July for Christine Cunningham & Dylan Furey Mayor Campaign. Adm €5.

Sunday Social in Dunkineely Community Centre Sunday 30th July 8-10 pm.
 Music: Michael Cleary & Jacqui Bannon
 Adm €10. Refreshments served.

Fleadh Cheoil Chill Chartha continues
Friday: Heritage Day in the Áislann
Saturday: A walk on the Pilgrim's Path leaving the Áislann at 9.30am. For info or to book workshops contact Dónal. 0879790549 or Deirdre 0876183951. Email: kilcar.fleadh@gmail.com

Killybegs Employment Project
 Positions available:
Outdoor Maintenance workers Dunkineely Area, *Caretakers of Community Buildings* Killybegs and Dunkineely Areas, *Information Officers* Killybegs, *Domestic/Cleaners*
 For more info / to apply, contact Colin or Ann Marie at Project Office 0749731666 or email kepltd2@outlook.ie