

St. Mary of the Visitation Parish, Killybegs

Parish Office, Killybegs, Co. Donegal. Tel: +353 (0)74 9731013

Parish Secretary: Ann O'Donnell (Office Open: Mon to Fri. 9.15am to 2.45pm)

Email: info@killybegsparish.com Website: killybegsparish.com

Parish Priest: Fr. Colm Ó Gallchóir: Tel: 074 9731013/30

Masses and Services: Live streaming www.mcnmedia.tv (link on website)



When you wake up in the morning, pray for God's guidance for today.

Take a 10 - 30 minute walk every day.

Sit in silence for at least 10 minutes each day.

Don't waste your precious energy on negative thoughts or things you cannot control.

Eat breakfast like a king, lunch like a prince and dinner like a pauper.

Life isn't fair, but it's still good.

Life is too short to waste time hating anyone. Forgive them for everything!

Don't take yourself so seriously. No one else does.

You don't have to win every argument. Agree to disagree.

Make peace with your past, so it won't spoil the present.

Don't compare you life to others. You have no idea what their journey is all about.

No one is in charge of your happiness except you.

Frame every so-called disaster with these words: 'in five years, will this matter?'

Help the needy. Be generous! Be a 'Giver', not a 'Taker'.

What other people think of you is none of your business.

Time heals everything.

However good or bad a situation, it will change.

Your job won't take care of you when you are sick. Your friends will. Stay in touch.

Envy is a waste of time. You already have all you need.

Remember you are too blessed to be stressed.

Each night before you go to bed, pray to God and be thankful.

- **Sunday 24th January 2021:** *Third Sunday in Ordinary Time* *Year B*
- **Weekday Readings:** *Third Week of Ordinary Time* *Cycle 1*

Masses will be relayed on the webcam: go to killybegsparish.com for a link to the live streaming

Saturday	23rd January: 07.00pm - Special Intentions
Sunday	24th January: 11.00am - Tommy Murphy (Anniversary)
Monday	25th January: 10.00pm - Special Intention
Tuesday	26th January: 10.00am - Mary & John Griffin (Anniversaries)
Thursday	28th January: 10.00am - James & Annie McMonagle (Anniversaries)
Friday	29th January: 10.00am - Special Intentions
Saturday	30th January: 07.00pm - Annie McBrearty, Johnny & Bridget Harkin (Anniv)
Sunday	31st January: 11.00am - Con O'Donnell (Anniversary) Special Intention

Please note: Mass on Sunday 11am only; No Mass on Wednesday.

Pray for: **John McCole**, Narin, Portnoo, funeral in Kilclooney Saturday (father of Seline Burke, Fintra); **Mary Boyle**, who died in England (sister of Aodh O'Donnell, Largy, & sister-in-law of Lena Gavigan, Ballyara); **Mary Doherty**, Clonmany, who died in Harbour Lights Nursing Home (mother of Mary Haughey, Croaghlin); **Michael Mc Geady**, Cnoc Fola, who died Friday (father of Kate Mc Geady, Conlin Rd). **Pray for:** Paddy Keeney, David Love, Michael McBrearty, Philip Gallagher, Charlie Kennedy, Paddy & Annie Carrabin. **Suaimeas Storaí.**

Thank you Phil Carrabin and family would like to thank all those who phoned, sent Mass and sympathy cards on the death of her mother Dympna Gillespie, Surrey, England. It meant so much during these Covid times when we feel far away.

WISE Women's Integration, Skills & Employment is a free service for Donegal women to assist them into education, employment or self-employment. You can contact us by phone or by our Facebook page: The WISE Project Tel: Michelle 086 145 2249



A new CD with hymns & songs sung by Roisin & Sara O'Donnell.
On sale from the Parish Office and Curran's €10.
All proceeds to:
Killybegs Community Hospital
Patients' Comfort Fund

Cancer Bus to Galway from Letterkenny still runs for Cancer patients for the Galway Hospital. Pick-up Donegal 7.10am Mondays, returns Fridays. This service is free, for more info tel: 074 9731273.

Sunday Collection	€	515.00
Restoration Fund		
Envelopes 16th & 17th January	€	560.00
Christmas Crib	€	670.00
Donation	€	10,000.00
Total Restoration Fund:		€3,238,976.43

Thank you for your continued generosity

Sunday Missal 2021 Special Price: €5
Complimentary copy for Ministers of Word and Eucharist and all involved in ministry.
Available from Parish Office.

COVID-19 Support Line for Older People ALONE manage a national support line and additional supports for older people. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

St. Vincent De Paul
We encourage anyone who is under financial stress to contact us, all requests treated in confidence. Ring any of the following: 087 3507727, 9731186, 9731426, 9731391. Those wishing to support our work may donate by using the above details.

LEVEL 5 COVID REGULATIONS

Stay at home... restrict your movements... wash your hands... stay 2 metres apart... wear a face covering... reduce contacts.

- Mass celebrated here behind closed doors, all Masses live streamed.
- Funerals restricted to 10, Weddings to 6, No Baptisms for now
- The church is open for private prayer every day: 8am - 7pm. Take care.