

## St. Mary of the Visitation Parish, Killybegs

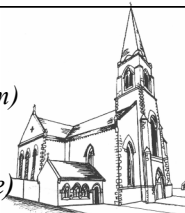
Parish Office, Killybegs, Co. Donegal. Tel: +353 (0)74 9731013

Parish Secretary: Ann O'Donnell (Office Open: Mon to Fri. 9.15am to 2.45pm)

Email: info@killybegsparish.com Website: [killybegsparish.com](http://killybegsparish.com)

Parish Priest: Fr. Colm Ó Gallchóir: Tel: 074 9731013/30

Masses and Services: Live streaming [www.mcnmedia.tv](http://www.mcnmedia.tv) (link on website)



### Characteristics and Traits of a Positive Mindset:

**Optimism:** a willingness to make an effort and take a chance instead of assuming your efforts won't pay off.

**Acceptance:** acknowledging that things don't always turn out how you want them to, but learning from your mistakes.

**Resilience:** bouncing back from adversity, disappointment and failure instead of giving up.

**Gratitude:** actively, continuously appreciating the good things in our life.

**Consciousness/ Mindfulness:** dedicating the mind to conscious awareness and enhancing the ability to focus.

**Integrity:** the trait of being honourable, righteous and straightforward instead of deceitful and self-serving

Courtney E. Ackerman



### First Friday Calls

Fr Colm will be recommencing the First Friday Calls next month. If anyone would like a visit and is not on the list, please let Fr Colm or Ann know.

### Franciscan Friary, Rosnowlagh

70th Anniversary of the Dedication of the Church of the Immaculate Heart of Mary, all welcome, Sunday 26th June at 3pm. Refreshments.



**Congratulations and Best Wishes to** Megan McHugh & Kenny Ward who were married recently.

### Prayer for Exam Time

You know, Lord, no matter how often you do exams it is always the same.

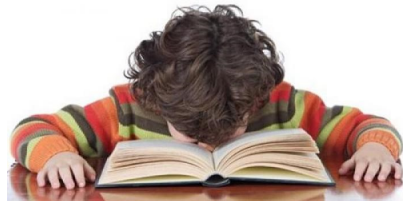
I've been through all this before, the late nights, the cramming, the funny feeling in the pit of my stomach; and there always seems to be so much left to do. You would think I might be getting used to it by now.

I'm not asking you to make up for what I have not done Lord. What I am asking is a restful night's sleep and freedom from useless anxiety.

Help me to have confidence in what I have done, and to get it down on paper in some kind of order.

And while I think of it Lord, take care of all the others too! Amen.

*A candle will be lit in the church during exams for you*



### A Thought...



*When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has just opened for us.*

Helen Keller

### Eucharistic Healing Service

There will be a Eucharistic healing service in the Church of the Irish Martyrs Tuesday 14th June 7pm This will be a night of Adoration and prayer for healing for the sick. All are welcome to attend.

### Annual Pilgrimage to Knock

Saturday 18th June. Bus leaving Letterkenny 7.30am, calling at Lidl Carpark, Donegal Town 8.05am. Contact Cáit 0863074435

- ◆ Sunday 12th June 2022: *The Most Holy Trinity: Year C*
- ◆ Weekday Readings: *Eleventh Week of Ordinary Time Cycle 2*

Masses will be relayed on the webcam: go to [killybegsparish.com](http://killybegsparish.com) for a link to Online Services

Friday	10th June:	07.00pm - John Joe Byrne (1st Anniversary)
Saturday	11th June:	07.00pm - Cathal Conaghan (Month's Mind Mass) Tommy McBrearty (Anniversary) Bill & Una Johnston (Anniversaries)
Sunday	12th June:	09.00am - Jack & Sarah Greenlaw (Anniversaries) 11.00am - Bert Beirne (3rd Anniversary)
Monday	13th June:	10.00am - Francis (70th) & Charles Kennedy (2nd Anniversaries)
Tuesday	14th June:	10.00am - Brian Harvey (1st Anniversary)
Thursday	16th June:	10.00am - Jim & Margaret Rose Cunningham (Anniversaries) & deceased family members
Friday	17th June:	07.00pm - P.J. Gallagher (Month's Mind Mass)
Saturday	18th June:	07.00pm - Mollie & Charles Byrne (Anniversaries) Anne & Mickey Haughey (Anniversaries) Martin O'Keeney (32nd Anniversary) Paula Doyle (6th Anniversary)
Sunday	19th June:	09.00am - James & Breid Cunningham (Anniversaries) 11.00am - Eunan & Brigid O'Boyle (Anniversaries)

Adoration of the Blessed Sacrament: Monday 11am to 7pm.

**Pray for:** Annie Puszkhydra, whose funeral took place in New York on Thursday (aunt of Jacqueline Byrne, Stragar); John Henry, whose Month's Mind occurs at this time.

**Pray for:** John Cassidy, Josie Boyle, Irene Wilson, Patsy McKeon. *Suaimhneas Siorai*

### Mass at Lisnaclaya Scathlán

Wednesday 29th June 7pm

### Killybegs Graveyard Mass

Friday 29th July 7pm

### Áislann Chill Chartha 0749738376

Áislann Golf Classic Friday 17th June. Teams of 4 €100. Tee Sponsorship €50. To book: Alistair 074 9131093, Tom Glynn: 087 2575206, John Byrne: 087 7121802 Comhra le Gaeilge every Wednesday

### Carer Required in South Donegal area.

Apply with C.V.: southdonegalcarer@gamail.com

**WISE-** Women's Integration Skills and Employment is a free service to unemployed women in Donegal who are looking for employment. We provide free courses, create/updated your CV, help you excel in interviews, find your ideal job and much more! Call Penny 086 145 2250.

### Public Mass and the Sacraments

Covid guidelines for the chapel:  
**Face covering, Social distancing and using hand sanitiser.**  
Every alternative seat will be in use to ensure social distancing.



<b>Sunday Collection</b> 5th June	€ 1,416.55
<b>Restoration Fund</b> 5th June	€ 818.30
Standing Orders for January	€ 885.00
Standing Orders for February	€ 845.00
Standing Orders for March	€ 855.00
Standing Orders for April	€ 785.00
Standing Orders for May	€ 915.00
<b>Total Restoration Fund</b>	<b>€3,354,367.98</b>

*Thank you for your continued generosity*

**Donegal Mary's Meals** are seeking your old coins, Tel: Fr Eamonn Kelly 087 9077985

### Killybegs Women's Group

Volunteers needed to help water Town Flower Planters. Would you take charge of watering just one planter? Contact: Killybegs Women's Group (PM on FB) or PM: 087 2943065

**Niall Mór Centre:** 0749741863  
info@niallmorcentre.com

*English Classes, Baby & Toddler Group, Slimming World, Tai Chi, Essential Oils, Community Yoga, Grow, Wellness Wednesday, Relax Kids, Messy Play.*  
Summer Camps: Kids Sumer Camps, Relax Kids Camp, Robo Think Summer Camp, Drama Camp  
Services: Room rental, Digital Workspace, printing, scanning and book binding.  
Contact the Centre for more info.