

St. Mary of the Visitation Parish, Killybegs

Parish Office: Mon to Fri. 9.15am to 2.45pm. Tel: 074 9731013

Parish Secretary: Ann O'Donnell

Email: info@killybegsparish.com **Website:** killybegsparish.com

Parish Priest: Fr. Colm Ó Gallchóir: **Tel: 074 9731030**

Masses and Services: Live streaming on **www.mcmedia.tv**



Prayer for Exam Students

Don't undermine your worth by comparing yourself with others.

It is because we are different that each of us is special. Don't set your goals by what other people deem important. Only do what is best for you.

Don't take for granted the things closest to your heart. Cling to them as you would your life, for without them life is meaningless.

Don't let life slip through your fingers by living in the past or in the future. By living one day at a time you live all days of your life.

Don't give up when you still have something to give. Nothing is really over until the moment you stop trying.

Don't be afraid to admit that you are less than perfect. It is the fragile thread that binds us to each other.

Don't be afraid to encounter risks.

It is by taking chances that we learn how to be brave.

Don't shut love out of your life by saying it is impossible. The fastest way to lose love is to hold it too tightly, and the best way to keep love is to give it wings.

Don't dismiss your dreams.

To be without dreams is to be without hope, to be without hope is to be without purpose.

Don't run through life so fast that you forget not only where you have been, but also where you are going. Life is not a race, but a journey to be savoured each step of the way.

Nancye Sims

Cruise Ships Visiting Killybegs soon

Ms Bremen (German): Sunday 12th June, 7am (165 passengers / 100 crew)

Ms National Geographic Orion (American): Friday 17th June, 8am (106 passengers / 80 crew)

Ms National Geographic Orion (American): Friday 24th June, 8am (106 passengers / 80 crew)

Grow Meetings

Are you feeling a bit down, isolated, or finding life a bit difficult just now. Perhaps Grow could be of help to you. Grow is a self help group, non denominational and open to everyone. Meetings held in Niall Mór Centre every Thurs at 7.30pm. For more info tel: Marian on 0867856912 Also meetings in Donegal Town on Tuesdays at 8pm in Day Centre, Donegal Hospital

Blood Donor Clinic in Tara Hotel on

Thursday 16th June from 2.30pm - 5pm and 7pm - 9.30pm.

Bundoran Outing for all Altar Servers

Wednesday 29th June. Depart 11am, return 6.45pm.



Killybegs Tidy Towns Committee

Thanks to all those who did clean-ups around the parish and all those who volunteered to do power-washing in the town. What a great job! Thanks also to the Women's Group who grew and planted all the flowers etc around the town and those who have volunteered to water them. Great community spirit. Anyone else wishing to help out with Tidy Towns please ring

Patricia 0873119020 / 0749731611. Judging for Tidy Towns takes place between mid June and mid July and often carried out at week ends, no notice is received of when they'll arrive. So anyone thinking of painting, might consider doing it before then.

Photographic competition

An Taisce's Annual Love Your Coast Photography Competition is now open for 2016. To enter, google *Cleancoast photographic competition 2016*. There are five categories; Coastal Heritage, Coastal Landscape, People & the Coast, Wildlife & the Coast and Underwater. Closing date for entries 4pm on 12th August.

Sandra's 25th Anniversary

On the eve of Sandra's run, an Anniversary Mass will be said in the Boyle Family home, Sandrelle House, Fintra Rd, on Friday 1st July 7pm. Anyone is welcome.

St. Catherine's V.S. now enrolling for Sept 2016/2017 in the following courses:

- Nursing Studies Level 5
- Childhood Care and Education Level 5
- Childhood Care and Education Level 6
- Healthcare Support

PLC courses are grant aided and all courses are of one year duration. For more info: 074-9731491 (until 24th June) email: tararawdon@donegalvb.ie or download from www.stcatherinesvs.com

Parish Finance Committee meets Monday week 20th June at 8pm in the Parish Office

- **Sunday 12th June 2016:** *Eleventh Sunday in Ordinary Time (Cycle C)*
- **Weekday Readings:** *Eleventh Week in Ordinary Time (Cycle 2)*

Saturday	11th June:	07.00pm - Pat & Bernadette Laffan (Anniversaries) Mollie, Paddy & Charles Byrne (Anniv)
Sunday	12th June:	09.00am - Grainne McCallig (Anniversary) 11.00am - Eunan & Brigid O'Boyle (Anniversaries)
Monday <i>St Anthony</i>	13th June:	10.00am - John & Annie Gallagher (Anniversaries)
Wednesday	15th June:	10.00am - John Carr (Month's Mind Mass)
Thursday	16th June:	07.00pm - Una Johnston (9th Anniversary)
Friday	17th June:	10.00am - Mary Cunningham (1st Anniversary)
Saturday	18th June:	07.00pm - Anne Mitchell (Month's Mind Mass) Tommy McBrearty (Anniversary) Martin O'Keeney (Anniversary) Connell Gallagher (Anniversary)
Sunday	19th June:	09.00am - Brid & James Cunningham (Anniv) 11.00am - Eamonn Byrne (Anniversary)

Adoration: Sunday 6pm to Monday Midnight

Confession: Saturdays 6.30pm

Rosary/Divine Mercy: Tuesday 7.30pm in Adoration Room.

Pray for: Paula Doyle, Roshine Rd, whose funeral took place on Wednesday. Suaímhneas Sioraí.

Congratulations and Best Wishes to

Alanna Gallagher and Tommy Doyle
Jonathan Melly and Alyce McGrath
who were married recently.

Margaret Connell, Foot Health Practitioner, will attend the Family Health Centre on Wednesday 15th June. For appointments tel: 087 1417180.

Killybegs Employment Project Ltd

Positions available:
Youth Worker Drop In Centre - Killybegs
General Worker/Gardener - St. Mary's Parish
General Workers - Killybegs Area
Applications to Project Office at Foresters Hall: kepltd1@eircom.net / 0749731666

Niall Mór Centre 074 97 41863 southwestdonegalcdp1@gmail.com

Safepass Course 25th June. Contact us if interested.
Manual Handling Course 9am - 12:30pm. €45.
Thursday 30th June. Ring to reserve your place.
Men's Shed upcoming courses:
Introduction to Art (8 weeks) cost €20.
Woodworking / Woodturning (8 weeks) cost €30.
Basket Weaving (8 weeks) cost €20.
Niall Mór Comm Childcare Centre Summer Camps
18th - 21st July & 25th - 28th July; Ages: 5-12 years;
To book call: 074 9748000.
Weight Watchers Mondays; *Slimming World* Tuesday
JC Fitness classes: Kettlebells/ Core/Tone, Spinning.
Citizens Advice every Monday 10am - 1pm.
Bouncy Castle Parties
Community Garden Raised beds are available on the grounds of the Centre to rent, €20 per bed.

Blessed Sacrament Adoration

12th June - Mary Gallagher
19th June - Marian Breslin

Sunday Collection	€ 1,390.00
World Meeting of Families	€ 775.00
Restoration Fund: Envelopes 4th & 5th June	€ 1,755.00
Total Restoration Fund:	€2,573,410.78

Thanks for your continued generosity.

Parkinson's Association of Ireland
Information Day Clanree Hotel, Letterkenny
Sunday 12th June 12 noon - 4pm.

Coláiste Chara, Cill Chartha
Kilcar Irish Summer College
Cúrsa A: 24/6/16 to 9/7/16 age 13-17 yrs
Cúrsa B: 11/7/16 to 20/7/16 age 11-13 yrs.
Day Students welcome 086 1556035

Pay It Forward Table Quiz in Tara Hotel on Friday 17th June at 10pm. Proceeds in aid of Solace Centre and Killybegs Cancer Group.

Family Carers Ireland are providing the QQI Level 5 Healthcare Award; training areas of Donegal in June based on demand. For more info contact 0579370221.

St Catherine's Band Annual 5K Run/Walk on Friday 17th June at 7.30pm Registration in Foresters Hall 6pm-7.15pm. Adults €10, Under 16s €5 & Families €20. Refreshments afterwards in the Foresters Hall.